



(Probably includes Feb 85 house loss of No 60?)

# Haydon News

No 37/60

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<p><b>BOWMANS CHEMIST</b>          6 Church Street  <b>HAYDON BRIDGE</b>          See our range of quilted          Slumberdown waterproof          clothing &amp; footwear in          our <b>FARM SHOP</b> also  <b>DOG FOOD SUPPLIES</b></p>	<p><b>BUYING          OR          SELLING</b>          Why not advertise          in the <b>HAYDON NEWS?</b>          Tel ; HB 535</p>	<p><b>O.M. PORTEOUS</b> Tel Hexham  <b>MILK RETAILER</b> 604219          5 Woodbine Terrace          HEXHAM          Don't forget your <b>extra</b>          pint &amp; how about a pot          of cream?</p>
<p><b>THE FISH SHOP</b>  <b>FRYING TIMES</b> Mon - - 7.30-11.00          Tues - Closed - -  <b>QUALITY</b> Wed 11.30-1.30 - 7.30-11.00  <b>FISH'N'CHIPS</b> Thur 11.30-1.30 - 7.30-9.30          Fri 11.30-1.30 4.30-5.00 7.30-11.30  <b>R&amp;K DOBSON</b> Sat 11.30-1.30 - 7.30-9.30</p>	<p><b>R. REED ELECTRICIAN</b>          Langley View          Heugh House Lane          All types of electrical          work done * friendly &amp;          efficient service</p>	
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The government's proposals to establish a "limited list" of medicines, prescribable by doctors on the National Health Service, have been defended by Mr. Kenneth Clarke and Mr. Norman Fowler in a series of letters to local newspapers. They imply that expensive proprietary medicines are being replaced only by exact unbranded equivalents. In fact the proposals go much further than this and the full impact will take some time to be felt by patients.

The proposal to replace tranquillisers like Valium, and sleeping tablets like Mogadon by their chemical equivalents is fair enough although the hasty implementation means that doctors and pharmacists will need all their tact to avoid an outbreak of psychosomatic illnesses among patients who think that their lifelines are being cut.

The other proposals are more controversial.

Laxatives: - These will be limited to Methylcellulose Granules (which get under the dentures), and Glycerin Suppositories (which can aggravate haemorrhoids). People with bowel conditions which require specialist laxatives like Duphalac (£5 for average month's supply) or Normax (£2.60), will have to pay for them themselves. These prices include VAT. Oh yes, VAT is payable when you don't have a prescription.

Antacids: - These will be limited to Magnesium Trisilicate Mixture and (would you believe) Soda Mints. No anti-flatulence products like Asilone or Kolantyl.

Tonics: - There are two schools of thought about the value of tonics, but surely we can do better than Gentian Alkaline Mixture. Most young pharmacists have probably never prepared it .... Talk about Victorian values.

Cough Mixtures: - The old Liquorice and Chlorodyne Mixtures will be available, together with the habit forming Codeine Linctus, but if, after years of trial and error, a doctor has found that Actifed or Dimotane is the thing that stops Mrs. Smith's intractable cough, he will have to tell her to buy it herself (£5 approx. for a month's supply).

Vitamins: - A standard multivitamin capsule will be available, but if ~~XXXXXXXXXXXX~~ a doctor recognizes signs of deficiency of a particular vitamin in an old person, and they are commoner than most people think, or requires a particular balance of vitamins, he must hope that the patient will pay up at the chemists.

Mr. Clarke, in his letter, says that often the deleted items cost less than the prescription charge. If this is the case, how is the list saving money? The answer is that the savings are being made at the expense of those who get their prescriptions free, the pensioners and those on Social Security, in my area about 90% of the population.

CONTINUED on Page 8, inside back cover.

Editor's Letter

Dear Friends,

All those involved in publishing the Haydon News wish all our readers A Happy and Prosperous New Year.

Marion Howard.

RETIREMENT

Mrs Ethel Stamper S.R.N. District Nurse for Haydon Bridge and the surrounding area will be retiring at the end of March after 12 years Service to our community. During this time many have come to know her, and to appreciate her nursing skill and kindness. It is intended that we shall show our appreciation in the form of a retirement gift. Contributions towards this gift may be left at the surgery. Details regarding what form the presentation will take, and when it will take place will be given at a later date.

Dr R High.

THE NATURE CLUB

The Nature Club held its A.G.M on 3 Jan 1985. The club has now been in existence for 14 years. Our financial means are not large but sufficient to pay our way. We have 53 members from Haydon Bridge and the surrounding district and would welcome more. Summer is devoted to outdoor activities and winter to indoor lectures. The remaining winter programme is as follows:

- Jan 17= Flora and wildlife of S. California Dr Beaties
- Jan 31= Trees Mr J Shipp
- Feb 7= The Tanfield Railway Mr I Hodgson
- Feb 21= Hadrians Wall Mr A Thompson
- Mar 7 = Bats Mr R Bayliss-Mills
- Mar 21 = Introducing Miss E Teece of the Northumberland Wildlife Trust. Miss C Todd

The summer evening walks and the whole day excursions have yet to be arranged. Notice of these will be given at a later day. New members will be made very welcome at any meeting. Indoor meetings are held in the community centre at 7.15pm.

DONT RISK ACCIDENTS

Don't let elderly people economise too much on lighting. Especially on steps and stairs. Even a 100 watt lamp costs only about 1/2p an hour.

Tynedale Energy Action

People in Tynedale can get help with draught proofing and insulation from TEA. If you know of elderly people who might benefit, help them to get in touch with Mike Barker, TEA, Co-op Building, Westgate, Haltwhistle, tel. 21040.

NOT MEAN, JUST CORRECT AND FAIR IN EVERYTHING.

The pathologist in our military hospital was Major Day, a Scotsman who, I believe, was the most careful and precise man I have known. He wrote home with unfailing regularity, using the lightest weight airmail paper and envelope. When every line on both sides of the paper was filled, he'd go along to the dispensary, weigh paper and envelope, then proceed to write round the margins of the letter till it and envelope weighed the merest fraction under the weight allowed by the value of the stamp he was to use. The Major would then go down to the main post office where he'd often have to battle with an unfortunate counter clerk whose scales were not so finely balanced as those in the dispensary. However long it took, he'd wrangle till the letter was accepted.

Sometimes two or three of us would be boarding a taxi or a hired self-drive car when Major Day was setting off to some place which might be on the route we were taking and he'd ask for a lift. On alighting he always worked out from our cost of hire, number of occupants, and distance travelled by him, and even if it took him half an hour, he'd calculate his correct share down to the last cent, and he'd insist that we accepted.

Late one afternoon we were walking back to the hospital from a popular bay on the other side of the Island by one of the tracks we'd beaten through the scrub which covered the hills, and had almost reached the hospital when we met the Major. He had lost one of his 'sandshoes' on the track or somewhere along the bay and was on his way back to search for it.

After moving from the Island to the mainland sometime in 1940, I cannot recall seeing Major Day again till I was transferred from one P.O.W camp to another in the Spring of 1945, when, sitting by my sleeping space I recognised him as he walked through the hut, carrying a shallow tin tray. He stopped by me and looking hard said "you're R.A.M.C aren't you. I replied that I was, but had been in this camp just a few days. The Major said "well I make toffee once a week and I come round and make sure each of our men have a piece, here's yours." I thanked him and he moved on. In the palm of my hand was a square of toffee the size and thickness of a postage stamp. It meant more to me at that moment however, than any other welcome anyone could have given me.

We had a good laugh afterwards too, when I told some friends on their return from working party and one said "he never changes, does he."

R.L.

FOR THE YOUNGER ONES

CAN YOU DECIPHER THE SYMBOL IN THIS SERIES



ANSWERS OVERPAGE

ANSWER TO YOUNG ONES PUZZLE

✂ IT'S BACK TO BACK NO'S 1 - 6

A TAIL OF TWO KIT-E.'S

Will you be long before going home Jean?  
 No, about 5 mins I just want to collect a few glasses and  
 put a log on the fire.  
 Right then, I'll just pop round to the store ah want some  
 bread.  
 Will you be comming back calls a customer.  
 Aye, a will, ah ye wantin summat?  
 Aye a tin of cat food-wad ye git is a tin of that Kit-e-Kat  
 stuff. Rabbit flavour.  
 Ye divant want that di yer?  
 Why aye wor lass forgot ti git is summat for me dinner  
 Howay noo di ye want some or nut cos if ye do I'll hev ti  
 git one of the lasses around there to show me cos a cannut  
 read HA HA HA HA. Awright a tin of Kit-e-Kat  
 CUSTOMER= Just watch, ah bet she comes back wi whiskers.  
 Divent be daft man, she'll not be that lang  
 came the quick retort from a wag at the dominoe board.

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ANSWERS TO XMAS TREE QUIZ

1= CREAM	9= PRESENTS
2= PARTY	10= TURKEY
3= CAROL	11= SANTA
4= NEW YEAR	12= TOY SACK
5= NUTS	13= MISTLETOE
6= HATS	14= FAIRY
7= CHRISTMAS CARD	15= HOLLY
8= DECORATIONS	16= DOLLS

MESSAGE A MERRY XMAS TO YOU ALL

SOUTH TYNE ANGLING ASS HAYDON BRIDGE

Permits to fish on ASS waters in 1985 will be:  
 £16 for Seniors  
 £4 for Juniors up to 16 years and old age pensioners.

WHY NOT JOIN YOUR LOCAL CLUB.

J O MOORE

SEC

Nine Councillors present and two missing on each occasion.  
Not the same two.

FOOTPATH

The Temple House Lane drama is now in rehearsal in the County Council Office. "Curtains up" is a long way off. On the other side of the river, a diversion is proposed at Langley where somebody has carelessly built a house across the original path. The Council thought that it was only sensible to recognise the fact and act accordingly.

RUBBISH

NOT EVEN County Councillor Mr Gibson could persuade the N.C.C. to provide a skip to replace the amenity tip. A skip cost £80 per week to empty and replace. Either we wouldn't have enough rubbish to fill it (thus making it uneconomic) or we would have too much and the over flow would convert the site into an eyesore. The Parish Council decided that it didn't matter which argument was correct because nothing that it could afford as a contribution to the cost would make any difference to the decision. It did however decide to do something about the riverside entrance at the Western end of the new bridge. Bowmans (Chemist) will be asked to move anything they want to keep before the area is cleared by the Tynedale refuse gang. A bin will also be put up near the seat in the hope that those who sit there will make use of it.

THE BY-PASS

Dr Adam of the European Parliament continues to harass the Department of the Environment about getting the by-pass started. No luck so far, but he is still trying.

PLANNING

The most controversial application was from Mr A H Fisher who wants to built four detached bungalows in the field below 'the Craggs' on North Bank. While the Council welcomes new private-sector residential building in the village, some unease was expressed about the hazards involved in opening another vehicle access on to the down-side of a steep hill. Disappointment was expressed about the fact that new building always tended to be aimed at the well-heeled middle-to retirement-age market. Rather than to the needs of younger families, but, of course, the Parish Council has no influence over such matters.

THE NATURAL PARK Plan and a map of Moorlands and Heath have been received from the County Council and will be available for inspection at the Shaftoe Library.

THIS IS IMPORTANTDONATIONS TO CHARITY

More and more organisations are appealing to Parish Councils for subscriptions. Most of these are obviously worthy causes and it is very easy for Councillors to agree to make a small donation. But even small donations mount up and our

## PARISH PICKINGS CONTINUED

Councillors are genuinely concerned to know whether the rate payers approve of the practice of making charitable donations out of Parish funds. It can be argued that every individual ratepayer has the opportunity to make his own personal contribution: if the Parish contributes as well it is arbitrarily increasing the contributions of those who have already given and also making compulsory contributions on behalf of those who didn't. This is a real dilemma for the Council, so much so that it has decided to put the question of charitable giving on the agenda for the Annual Parish Meeting on March 28th. Do please support your Council by making your views on this subject known to them. You can talk to Councillors personally, or get touch with the Parish Clerk, but the best thing is to attend the Meeting and join in a proper discussion of the position with the whole Council on March 28th at 7 30 pm in the Community Centre.

## NATIONAL CHILDRENS HOME

The Chapel Carol Singers wish to thank the people of Haydon Bridge for their donations at Christmas. We collected £96.49p which has been sent to the National Childrens Homes. Thankyou for being so generous.

## HAYDON BRIDGE WOMENS OWN FELLOWSHIP

We ended our meetings for 1984 with the Christmas Party on the 19th December. The members sang carols and Mrs Spooner was the soloist then games were arranged by Mrs Stewart after which we had a knife and fork tea also mince pies and shortbread which was enjoyed by everyone. Our opening meeting for 1985 was a film show given by Mrs Clarkson on Jan 9th which was very enjoyable. We meet every other Wednesday at 2.30 in the Methodist Church Hall and all ladies will be very welcome. Speakers till the end of March are:

JAN 23rd = REV WIGNELL  
FEB 6th = MRS D CLARK HALTWHISTLE  
FEB 20th = REV WIGNALL  
MAR 6th = MRS ROWARTH  
MAR 20th = DR ADAMSON (FILM  
D TODD (SEC.)

## WHO'S OWLD TAWNY

I suppose that question must have been asked so many times before whenever the "Haydon News" has been read. I have for many years known this "Character" and indeed (I feel sure he will in no way condemn me for calling him that). I often recall the many happy and unfortunately, to often the sad events that have crossed our paths in the years gone by. Of the happy events referred to was his many anecdotes produced by the "Haydon News" for the readers titillation. One sad event is that he is now "missing". I feel certain that he in his own inimitable style has many untold stories that we would like to read. So how about it "Owld Tawny" sit doon and lets hev yor crack  
OTHER OWLD UN.

## HAYDON BRIDGE METHODIST CHURCH

We invite you to the following services and meetings;

- FEB 3 = 10.45am Mr I S Dinnis.  
FEB 3 = 6pm UNITED SERVICE IN THE PARISH CHURCH  
FEB 5 = 7.30pm Mens Fellowship Mr J Wardle.  
FEB 10 = 10.45am Family Service Rev Wesley Loane.  
6pm Mr L Graham.  
FEB 17 = 10.45am Mr T Hindsley  
6pm Rev A Wignall (SACRAMENT).  
FEB 19 = 7.30pm Mens Fellowship Mr D Westall.  
FEB 24 = 10.45am Mr W Hale  
6pm Rev A Beniams.  
MAR 9 = CHAPEL ANNIVERSARY CONCERT.

## HAYDON BRIDGE CUB SCOUT GROUP

At the A.G.M. held in November 1984 in the community centre, a new committee of offices was elected as the present chairman Mr Coombes, Treasurer Mrs Charlton and Mrs P Erwin expressed their wishes to stand down, The newly elected officers are Chairman Mr M Hogg Treasurer Mr C Lamb Secretary Mrs M Clarke.  
John Dixon (Scout Leader) Raymand Henderson (leader) and Mr R Boakes (Cub Leader) also sit on the committee along with parent representatives Mrs N Hines Mrs D Fletcher and Mr M<sup>C</sup> Donald.

The newly elected committee would like to thank the retiring committee for all their time and effort put in over the years to help the Cub-Scout groups. A very big and sincere thanks to Mrs Joyce Brown of Church Street without whose tremendous help and support the groups could not have run so smoothly. May we look for them all for their support in the future.

Because of the amount of money needed to run these groups and in particular to keep the mini van which plays a great part in all the activities a fund raising committee has also been formed, consisting of Mrs A Black Mrs I Burrows Mrs M Clarke Mrs J Carruthers Mrs D Fletcher Mrs J Hogg Mrs N Hines Mrs J Lamb Mrs M Marshall Mrs G Robertson Mrs D Tait.

### FUND RAISING

The Xmas Fayre held in December raised £234.52. this was a wonderful effort at short notice and a big thanks to all who helped and all who came along and supported this event. inspite of the awful weather. The next event will be a "GRAND EASTER DRAW" If you feel you would to help by giving a prize or selling tickets please contact any member of the committee. The draw will be made at a COFFEE EVENING (date and venue yet to be set)

The annual JUMBLE SALE will follow around the end of April.

We are letting you know about these events in good time so that you can

'BE PREPARED'

EDITOR

M CLARKE (SEC)

We hope to have the next Issue 60 printed by 4th March 1985. Please have all your contributions to me by Thursday 21st February Thank you Marion Howard 10 Ratcliff road.



Working as a Community Pharmacist in a high-unemployment area of Newcastle, I know that many people with potentially serious symptoms are reluctant to go to the doctor. Rightly or wrongly they believe that a medicine is all they need to put them right. If they know that they are not going to get their laxative, antacid or cough mixture from the doctor they will not go. They will buy Rennie's or ExLax or Venos from the chemist, or worse, from the supermarket where no professional advice is available, and many cases of bowel stoppage or ulcer or lung cancer will go undetected until it is too late. Then the new hospitals which Mr. Clarke hopes to fund with the savings will have a ready supply of patients. We are told that the list is not final, that the government will listen to representations. We can only hope that the list, if there must be one, will be extended. There are many ways in which money can be saved on drugs. Encouragement of doctors to do more generic prescribing would save a great deal. Drug firms could be persuaded to lower their prices to the prices they charge for the same products on the continent.

None of the sophisticated stomach and bowel preparations or vitamin formulations or antihistamine bronchial preparations was allowed on the prescribable list lightly in the first place, only after close scrutiny by specialist committees. In medicine as in everything else you get what is paid for. Now you will only get it if you can afford it.

C.J.HAWLEY, F.P.S..

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