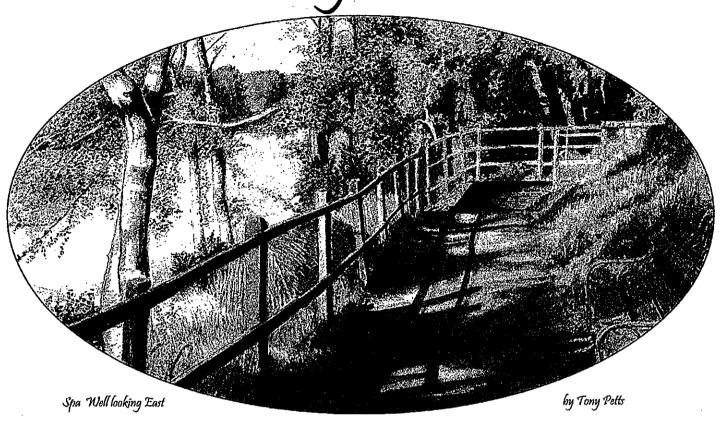
The Haydon News





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issue 08
September – October
2003

Full colour versions of the cover print can be seen at: www.paettz art. co.uk

VICTIM SUPPORT

Working for victims of crime in Tynedale

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Church Street

W. & M. MARSH (Newsagent) Ratcliffe Road



CO-OP LATE SHOP Ratcliffe Road

PRIZE BINGO

Organised by 'The Friends of Haydon Bridge' SATURDAY 25TH OCTOBER 2003

7.00pm. - 9.00pm.

Community Centre

Book of tickets only 50p each session of 5 games.

Free Tea & Coffee at half time

RAFFLE

All age groups are most welcome to attend.

The evening will be hosted by:

Pauline - Sylvia

Chris Sim is the caller 50% of the proceeds to:

'THE FRIENDS OF HAYDON BRIDGE'

Formal Committee Meetings are held at 7.30pm on the MONDAY before the fourth THURSDAY of each month at The Community Centre, Haydon Bridge.

(The General Public is welcome at the first part of every meeting.)

Any items for discussion must be notified in writing to the Chairman one week in advance of the meeting so that Committee members can be advised, enabling worthwhile discussion to take place. The Chairman will then advise the person concerned of the right to attend.

EDITORIAL POLICY OF THE HAYDON NEWS

The editorial policy of the Haydon News is ultimately the responsibility of the Committee of the 'Friends of Haydon Bridge', although day-to-day responsibility is delegated to the Editorial Committee of the Haydon News. Our intention is always to ensure that the content of the Haydon News is as fair and factually correct as possible. Any complaints concerning editorial policy should be addressed in writing to the Chairman of the 'Friends of Haydon Bridge', and will be considered by and receive a formal response from the Committee of the 'Friends of Haydon Bridge'. Complaints other than those made above will not be entertained.

The Editorial Committee reserves the right to decide which letters are to be published, and to alter or shorten letters when necessary. Anonymous letters will NOT be published. A nom-de-plume may be used provided that the Editorial Committee has been advised of the writer's name and address.

Charles Thomas, (Chairman) South View, Heugh House Lane,

Pauline Tulip

EDITORIAL COMMENT

Welcome back after the break for the summer.

What wonderful weather we have experienced, and even though it's getting a bit chilly when the sun goes down, we have very little to grumble about. Or have we?

Perhaps there are a few grumbles – wouldn't life be boring if there weren't - which need addressing I feel.

Recent newcomers to our village have told me, "What a lovely village. No rowdiness, loutish behaviour and everyone is so friendly." I think that by digging a little deeper the real story might surface!

Vandalism in certain parts of the village continue to plague us. Dog bins being set alight, table and chairs being set alight at the picnic site. Not to mention the toilet block being burnt out last year. I can't imagine "spontaneous combustion" being the cause so someone must have an inkling of who is responsible for these acts.

Is it that 'we' don't want to get involved because of the hassle it would cause us. But isn't it time that, no matter what the hassle, these problems are tackled head on.

Yet again, dog fouling is on the agenda. It was discussed at

recent meetings of the Shaftoe Green Project and again at the Parish Council meeting this week. And a letter has been received from a resident on John Martin Street who, judging by the tone of the letter, has had enough.

How much longer must the 'discussion' go on? There has got to be a time when someone out walking their dog and letting it foul the public pathways and not 'scooping the poop' is stopped by the Dog Warden and prosecuted. As I said in my comments of July 2003, their wallet will become so much lighter – perhaps to the tune of £1000.

Yes, it isn't too pleasant having to 'scoop the poop' (I used to have to do it myself.) but the Parish Council is trying to help by providing plastic bags and places to dispose of the stuff safely.

Please be responsible.

Not all is doom and gloom I am glad to say and there is a lot of good 'stuff' happening in our village. Think of all the clubs, the various groups belonging to the churches, the schools and the Community Centre. Also, this edition is a credit to the contributors and I hope you enjoy the contents.

Our next edition will be 'hitting the streets' around about 27th October.

Richard A D Snowdon. (Editor)

HAYDON PARISH COUNCIL NOTES

Meetings held in the week beginning 22nd September 2003

Haydon Bridge Community Centre

A special meeting of the Parish Council was held on 22nd September to enable members of the Shaftoe Green Working Group to give details of their plans for the Children's Play Area.

Discussion followed.

Meeting of the 25th September. Seven Councillors were present, the Clerk and three members of the Public.

Mike Hall and Pauline Wallace gave further details of the Shaftoe Green Scheme.

Following discussion on costs the Parish Council agreed to fund maintenance and administration costs. Later in the meeting Councillors Snowdon and Parkin agreed to represent the PC on the Shaftoe Green Project Steering Group.

Public Participation.

A member of the public expressed concern about the 30-40 year old heap of rubbish close to the Old Cemetery. The Parish Council will make enquiries about getting it removed.

This was followed by the formal co-option of members to the council.

Co-opted members are Councillors Duffy, Petts and Johnson.

Matters Arising from Previous Meeting.

Councillor Charlton summarised her report to the *Transport In Our Region Group*, highlighting various aspects regarding road and safety improvements. These included the need for a 30 mile an hour sign near Douglas Gardens, turning refuges at Church Street, Innerhaugh and Woodhall Mill, the need for a pedestrian crossing on Shaftoe Street and a pedestrian underpass to Martins Close.

It was noted that the coping stone on the bridge wall opposite the Coop had been re-instated. The Maintenance Team have been asked to deal with weeds growing out of the Old Bridge.

Concern has been expressed to the Parish Council by local residents at the disruption caused by the construction of a control building and sewage works near the football field.

Councillor Petts had held a meeting with members of the Parish Council and members of the Public to discuss preparations for the celebration of John Martin's 150th anniversary. A further meeting will be held on November 1st. Time and venue to be notified later.

Continuing concern about dog fouling in the village was expressed. Bags for removing dog waste are available free from John Clarke's newsagent and the Co-op.

It was felt that the dog warden should have a higher profile in the village. (see also a letter received very recently, over the page)

The PC discussed the provision,

fixing and maintenance of commemorative seats.

It was felt that people supplying commemorative seats should also be responsible for securing them and that the Parish Council would as in the past, maintain them.

Councillor Fletcher informed the PC that as Tynedale Council did not have storage space for plants, people who had received hanging baskets could keep any of the plants and that she would collect the baskets from them.

The PC discussed informing the Highways Department about land to the south of the cemetery given to the village by Mr. Tom Bates for future cemetery extension.

They are taking this step as they feel this land may be effected by construction of the proposed by pass.

At the end of the meeting the PC discussed the job description of the village handyman and the Parish Clerk.

EP

Date / Time of next meeting: 23rd October 2003 at 7.30pm Venue:

Haydon Bridge Community Centre

PARISH COUNCIL MEETINGS

Held on the 4th Thursday of each month.

The meeting is usually held in the Community Centre but occasionally goes elsewhere. The notice board, next to the Butcher's shop on Church Street always shows the likely agenda for each meeting and the venue.

The General Public is very welcome at the first part of every meeting. Have your say – *Brickbats and Bouquets!!*

PARISH COUNCILLORS

Mr E J Faulks	(Chairman)
Mr D Charlton	684 505
Mrs E Charlton	684 505
Mrs C Duffy	688 818
Mrs V Fletcher	688 872
Mr A Johnson	684 676
Mr M Parkin	684 340
Mr A Petts	688 418
Mr D Smith	684 480 *
Mr R Snowdon	688 871
Mr T Stephenson	•

TYNEDALE COUNCILLOR

S Mitchell

684 980

* also a Tynedale District Councillor

PARISH CLERK

Mrs. C McGivern 688 020 (after 6.00pm)

E-mail: carolemcgivern@aol.com

WANTED





Person to take responsibility for the production of the

Haydon News

from the end of November 2003.

Please contact the present Editor for more details

01 434 688 871

News4haydon@aol.com

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HAYDON OLDCHUR

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ALLWELCOME

STOP PRESS

To the Editor, Haydon News

Dear Sir

I have contacted the Council Dog Warden concerning the health hazard posed by dogs fouling the footpath leading from the Anchor car park towards the Spa Well.

Spot checks will be made and offenders fined.

Your sincerely

Mike Jackson, John Martin Street

HISTORICAL NOTES OF HAYDON BRIDGE - Dennis Telford

MONICA JONES

The series of articles on Monica created lots of interest in our village and beyond.

Thank you for the positive things you've had to say about them. The BBC certainly had a large audience in Haydon Bridge for its presentation of "Love Again" on Saturday 26th July. The very day the fifth part of my 'notes' was published in the Haydon News. What a coincidence!

If I made a mistake in my 'notes' maybe it was declaring Part 5 as, 'The End'. I think this remarkable story will have more to offer for future editions.

Regular readers will know how much I enjoy receiving correspondence from ex-Haydonians with reminiscences of our village life and people, that they are willing to share.

It is a great pleasure to read their stories or anecdotes, but more importantly their recollections ensure that the social history of Haydon Bridge can be made available for future generations, simply as an interesting read or perhaps as a research resource—not until the shared events have been given the once over in the Bars of our village, of course!

Earlier this year I was jotting down a few personal memories, of those folk living on the south side of our village when I was a youngster, when a letter addressed to me was delivered by our own postman that day, Chris(topher) Coombes.

The wonderful script on the envelope was instantly recognisable. Another welcome composition from Harry Vetich, who lived in No. 29 John Martin Street from 1920 to 1935 and has an amazing recall of his fifteen years from the age of six, in our community. And incidentally, the place he calls, "Home".

Harry's letter has been the subject of considerable discussion between myself and Maurice (Mop) Armstrong. Many readers will know that Maurice's memory of Haydon Bridge people and events is quite remarkable.

My 1950's story can wait!

So, sit back and enjoy Harry's 1930's recollections with just a little help from my own knowledge and research and the memory of someone just a little closer to Mr Veitch's generation – Mr Armstrong.

A WALK ON THE SOUTH SIDE. 1920 – 1935

My recollections of Haydon Bridge people commences in the 1920's during my school years. And of course the same people in the 1930's.

Incomers were rare as I remember things, although I do remember Maurice Armstrong's mother coming to the village. After all, they lived only two doors away from us. Elsie's family were from Hettonle-Hole and she came to work for Maitland's at the 'Shooting Box'. This is where Joe, (Wiggy) must have met her. But generally family movements were restricted to existing Haydonians moving to other parts of the village and farm hinds flitting.

It goes without saying that the layout of the village is indelibly printed on my mind and looking back there was a general allround friendliness. That is what I look back on with great pleasure, anyway that was a boy's impression.

In those days young and old could mix, it may have been just a greeting or a few words exchanged but it was unlikely that anyone would pass on the street without a sign of recognition. A pleasant, "Goodday" or a doff of the cap perhaps. Many of my generation would agree I am sure.

I'm beginning with Pandon Lane. Regarding people I knew from the river Tyne end and working my way up to John Martin Street.

Starting with Mrs Finland, her three sons and two daughters. I remember Dominic, Wilfrid and Patrick who was a bit older than me. I remember Dominic in khaki between the Wars. The daughters married to become Mrs Atkinson, who had a son Anthony and Mrs Ridley who had a daughter Maureen.

All the Finlands used to come back to Haydon Bridge every year for the Catholic Fete.

Then the Wylies. Joe, a shade younger than me, his sister Avis about my age and a younger brother Robert. The family were eventually re-housed in the new Council houses, built much later and called Martin's Close.

The Weltons next. Mr and Mrs and another three boys. Freddie, a year or two older than me. He married and had two children John and Margaret. Tommy, my age, a well-known village character whose wellingtons should have a place in any Haydon Bridge archive, and Raymond, a couple of years younger. Raymond left to join the Coldstream Guards and ended his days on Tyneside where he died, in a Newcastle Public House, with a pint in his hand. There must be worse ways to go!

I think this family moved to Martin's Close as well. The last house on the left maybe?

Next the Thompson family, known as the "Clockies" for some reason. Large in number but in very poor circum-Parents Jimmy and Cissie. stances. Children being Kitty, Annie (my age), Willie, Lottie, Tommy, Clara and They eventually moved to Doreen. 'Shankhead' on the Whitfield road above Beltingham. There wasn't a road to the property and the store groceries were dropped off at the field gate in all weathers, ready to be picked up later.

Oh! I've just remembered. The Patterson family also lived down Pandon. Sons Charlie and Bobby both died in the Second World War and there was a daughter Anna, who was about my age but not in the same class at school. I marveled at the fact that father Charlie could afford to buy a new motorbike in those very depressed times. It puzzled a few people.

Anna Patterson will be remembered as

being a staunch supporter of the Haydonian Working Men's Club from its early days. A regular visitor with her husband they travelled from Hexham never missing a Bingo Night.

Anna has gained a permanent place in Haydon Bridge folklore due to an incident which occurred many years ago in the 'Haydon Hotel'.

In those days the ladies toilet was onthe first floor, next to the living accommodation. One night when 'paying a visit' her mind perhaps befuddled with the ale, Anna took a fancy to a rather nice clock which was within easy reach up the stairs. Concealing the object of her desire, she slipped it inside her bloomers before returning to the Bar. Everything went well for a while until on the hour a high-pitched ringing was emitted from her nether regions. To the lady's embarrassment, but to the great glee of the assembled throng, the clock's alarm had been set and was ringing out loud and clear - well! Loud and muffled!

It was an early and unexpected, "Time Please" for Anna that night when the bell rang in the 'Haydon Hotel'.

A lovely story don't you agree? And one that will remain clear in the memory having been passed down through its regular telling and re-telling in our village Public Houses.

So, to return to Pandon. At the end of the lane a couple of houses faced the Geeswood Burn bridge. George Ferguson's parents moved into one of these probably in 1928 or 1929. I remember George running past our door to the station on his way to Hexham Grammar. Sometime later on one of my rare visits to the Dole Office at Hexham, I saw George working there.

George Ferguson was a fine goalkeeper and played for many years for Heaton Stannington, a top class North East team in those days. He eventually had a successful career in the Northumberland Police Force.

In his later years when George was on duty at St. James' Park for Newcastle's home games, supporters from Haydon Bridge only had to look for him at the top of the main car park to get a free entry into the Leazes End!

So you will see that Pandon or Temple

Houses was well populated in those far off days!!!!

Of course everyone would know Mr and Mrs Willie Lamb of Low Hall Farm. Especially as Willie had an Armstrong Siddeley car. The sharp rise out of the village, going towards Hexham from the Geeswood Burn bridge, was always known as 'Lamb's Bank'. Does anyone call it that now!

One other person at the farm was Leslie Welton. A live-in farm labourer and I have very good reason to remember Les. I borrowed his bike when I was sixteen years old and rode over to Consett Iron & Steel works looking for employment.

Twenty-five miles and most of it uphill. And, no Dennis, I didn't get a job!!!!

Harry's story continues across the road bridge over the Geeswood Burn. It was a humpback bridge in 1920 but was replaced the following year by a level one.

There were two ladies and a gentleman called Mr Reay who lived in the 'Blue House'. You went down some steps off the main road to the front door.

Who was Mr Reay? He was always well-dressed, not like the majority of us on the south side. He must have been a business man of some kind. And who were the two ladies with different names? Maybe Bill Foster will remember them!

The end house on OUR terrace, John Martin Street, named after one of our village's most famous sons, was home to a family of Armstrongs in the early 1920's. Mr and Mrs Tommy Armstrong and his sister. A very nice little family. Does anyone know who these Armstrong's were?

I'm not getting confused with 'Store' Bob and Dot Armstrong who lived on the water-side in a tall square building with stone steps on the outside giving access to the upper floors. To this day the house, long demolished, is know as the 'Lighthouse' by those who remember it.

Bob was much older than me but we struck up a friendship and in my spare time I helped him to collect and carry suitable stones from the water-side to build up as a wall to stop erosion when the Tyne was in flood. The work still goes on today, although it's large machinery doing the heavy labouring now.

Two sons Tommy and Robin Armstrong

are no longer with us but are unlikely to be forgotten in any search for our village's history. The youngest daughter Jessie still lives in Hexham. What memories of Haydon Bridge Jessie must have to pass down to her son Dennis (Bradley). I'll remind her of one, often related by Bill Foster.

'Store' Bob was very convincing when feigning sudden illness on a Monday morning.

"EEE!, wor Bob's hevin yen of his torns" shouted Dot as she rushed into the 'Lighthouse' for a tot of the medicinal Whisky.

When Bob had licked the last drop of 'medicine' from his lips he always felt much better, and would signify his improvement with a knowing wink to those gathered around him!

Laughter surely is the best medicine, and there's lots of it as we remember our village characters.

(to be continued)

LOCAL HISTORY DOCUMENTATION WARNING!!!

It is ironic that at a time when historical research is more popular than perhaps ever before, the Land Agency have apparently decided that some of our oldest documents are worthless.

There is a move to ensure that details of all our land and buildings are held in a central 'Proprietorship Register' with H.M. Land Registry to make it easier to determine ownership and rights in cases of dispute, searches and sales or purchases.

I have it on good authority that H.M. Land Registry in their (wisdom?) will edit property deeds down to a page or two each, and will shred or incinerate the original historic deeds.

THEY WILL NOT BE RETURNED.

I ask you to ensure that the 'Vandals' at the Land Registry offices do not get their hands on your property deeds otherwise much of our village's historical references will be lost for ever.

Much better to offer these documents to the *Haydon News* or the 'Friends of Haydon Bridge' to be stored in perpetuity in an accessible village archive.

CORRESPONDENCE

Broadband Internet is coming to Haydon Bridge!!

What is Broadband Internet?

Most people at present have a slow dial-up link to the Internet with a 'narrow' bandwidth (or speed) of 40 to 50kbits per second. It works but it is slow and it ties up your phone line.

'Broadband' is a generic term for connections that have a 'broad' bandwidth (or speed) in excess of about 500kbits per second ie about ten times faster.

Broadband is separate from your telephone and it is 'always on' eg email arrives straightaway.

There are several different types of broadband services available:

- service which allows high frequency broadband internet and low frequency voice calls to share the copper wire to your local exchange at the same time. At the exchange, the two are separated. The low frequency voice calls carry on as at present, and the high frequency broadband traffic is separately routed to the Internet. It is unlikely to ever come to small rural exchanges.
- Cable TV companies have installed fibre optic cables in the streets of major urban areas and are offering telephones and broadband Internet in addition to cable TV. It is only cost effective in high density urban

areas

- 2-way satellite broadband Internet is VERY expensive, and suffers from a 'delay' while the signal goes up to the satellite and back down.
- 1-way satellite uses a normal dialup connection to upload data but downloads fast via the satellite.
 The satellite costs are on top of your existing dial-up charges.
- Wireless broadband uses low power 2-way radio waves for the local connection between you and one of their transmitters.

BT and the cable TV companies are concentrating on the urban areas, and satellite is expensive so what hope is there for rural areas?

Do not despair, a North East company is bringing Wireless Broadband to Haydon Bridge!

Horizon Wireless is a new subsidiary of Onyx Internet in Middlesbrough. Their plan is to use BT leased lines from their base in Newcastle to bring the Internet to a 'main site' in Corbridge, Haydon Bridge, Haltwhistle & Allendale, and then connect (possibly via 'repeater sites') to local homes and businesses using a wireless system.

This has a limited range and it does not penetrate buildings and trees, so a clear 'line of sight' is needed to the main or repeater site. To receive the radio waves you will need an antenna that is about the size of a 'Pringle Can' mounted high up outside (a smaller antenna may be feasible if you are fairly close)

BT's ADSL service and one way satellite services are 'asymmetric' ie the download speed is fast but the upload speed is slow. However, Horizon's wireless service will be symmetric ie the upload and download speeds will both be fast.

How much will this wireless broadband cost?

It will be a bit more expensive than BT's ADSL – probably £30/month, but the initial cost will be more because of the equipment and labour cost of installing an antenna on your building.

How soon will it be available?

It should be available in Haydon Bridge in the Autumn (not far away now!)

How can I find out more?

Have a look at their web site:

www.Horizon-Wireless.co.uk

and make sure you register online so that they can keep you informed about progress.

Paul Huish

Dear Richard, Mitch and Friends of Haydon Bridge.

Well, not too much going on 'down under' at the moment. Spring is in full bloom and the daffodils are everywhere in their thousands. It's quite a sight. The Festival starts today, so the visitors will be pouring into town for the next eight days or so. It will stir things up a bit!

The weather has been a lot warmer in the past few days and August was very wet to everyone's relief. The dams are almost full in this area and the Melbourne catchments are over 50% which is enough to get through two drought years. September and October are two of our wettest months so hopefully they will fill up a bit more. I see you're still having some top weather in the UK.

I see in the papers Bin Laden is rearing his verminous head again. The more he pokes it out of his nest the better chance there is of chopping it off! He is getting desperate. Having said that, he is also a very frightened man. Over 3,000 of his faithful have been arrested and how many killed we will never know. About 70% of his top men are in jail, several hundred million dollars seized and his backers are running for cover. He is in big trouble and he knows it!

It may seem, judging by the tabloids, that the war in Iraq is not going well. It's typical newspaper 'clap-trap' More Americans were killed in one bomb attack in Lebanon back in 1983 than in the war in Iraq. In 1993 it was the World Trade Centre. In Kenya around 300 dead, then the Twin Tow-

ers in New York and our own 'little sorrow' in Bali. If you look at the record in the past 12 months, all bombings have been soft targets and each time more terrorists are being picked up and more countries are getting tougher. Even the Saudis realise they can't stay out of it any longer. We will always be stuck with this sort of thing. But technology is slowly killing them off. "What's this got to do with me?" I hear you say. The answer is simple. Everything! To say there should not have been war is the easy way out of things. Reality does not work like that. Did talking to Hitler do any good? There is always time to talk and a time to act and, believe me, this war has saved us a lot of strife.

A friend of mine has just arrived back from Baghdad and this is what he told

me. "After reading the papers in Australia I was shocked to find what it was really like. The stores were full of food, the buses were working, the streets were full of pedestrians night and day, telephones were starting to work, schools were opening and people were smiling for the first time in over twenty years" He also added that if anyone had seen the country he 'escaped from' 10 years ago, and seen the country he saw 10 days agao, they would have sat down and cried with joy. Just as he did.

Some of you will not agree with what I have just written, but remember, we live in a society which gives us freedom of speech. We fought for this in two great wars. 50% of the world's population don't have that right!

Well, to end on humorous note. My team in Australian rules football is Collingwood. They wear black-and-white stripes and are called "The Magpies" It so happened that Collingwood's coach got wind of a young player in Iraq who was said to be very good. So off to Iraq goes the coach and the recruiting officer. As it turns out the boy was very good and they convinced him to come to Australia. After 12 months in the reserves he was

on the bench in an important quarter final game. In the second quarter Chris Tarent, our best player, pulled a hamstring. "This is it son!" said the coach, "Go to centre half-forward and show us what you can do". The boy went on to make the greatest debut in AFL history. He took 15 marks including 'mark of the year', booted home 9 goals, the last one from 60 metres which was the winning goal of the match. The Magpies chaired their new champion off the ground to loud applause from the crowd.

The coach then called the boy over. "Go into my office son, ring your mother and tell her what you done to-day". The boy rang home and said, "Mum, guess what I done today?" His mother snapped, "I'll tell you what happened here today! Your father was stabbed and robbed, our house was broken into, your brother bashed and your sister assaulted and our car stolen!" "Gee!" said the boy, "I feel a bit responsible for what happened". "So you should" said his mother, "If it wasn't for you we would never have shifted to Melbourne!"

Well, the weather has turned cold again and it's windy and wet. Warm weather is forecast for Sunday. All the trees will be bursting into bloom in the next couple of weeks and Kyneton will look a picture as half the trees are English. A lot of Australian trees bloom in the summer months. I would think the 'little desert' in the west of the state will be worth seeing this year as they too have had good rains. The flowers are exotic and on a good year it is not something you can easily forget. Hopefully I will make it up there in October all being well.

I had forgotten the 'Royal Show' starts in Melbourne today 18 September and runs for a week. The weather was poor so it may have been quiet. 'They' say it will be 30 degrees on Tuesday so I hope they get a few nice days as they do put a lot of effort into it.

Well, that's about it for the moment.

Regards

Harold Humble 26 Wheatley Street Kyneton Victoria 3444 Australia

haroldhope 617@hotmail.com

Dear Editor

A huge **Thank You** from everyone in Malta involved in Life Cycle.

Once again the village which I still call home came out trumps and it was so nice to hear the cyclists and support team speak so affectionately about Haydon Bridge.

The ride from outside Manchester to Aviemore and back was 1000 miles and 17 of the original 28 completed the challenge raising approximately £20,000 towards the Organ Transplant Group here in Malta. We also received a donation of another £20,000 worth of dialysis machines for home use plus we have a further 400 people signed up as donors and the number is still rising.

All in all, a successful campaign.

Special thanks must go to the vicar and my mother for letting us use the Church Hall to sleep in, to the lads in the Fire Service for letting us use the showers and for all those who turned up to give us offers of help and support.

Thanks also to Ernie, Dexter, Zeb, Derek Boyd and George who all rode up to Kielder with us on the second day.

It was much appreciated and I hope that they will consider joining us next year as we can arrange similar hospitality and a trip and experience you will never forget.

Regards

Alan Curry

Life Cycle Events Organiser.

www.lifecyclechallenge.com

'ALANG THE ROMAN WALL'

In addition to being an historic link between east and west, the Roman Wall area also has a remarkable tradition of music and song.

Who better to provide visitors with an introduction to this anthology than Johnny Handle, 'The High Level Ranters' and friends.

A new CD provides memories of "Halty Saterday", the Roman Wall and Bellingham Shows, "Hindley Steel", "Stagshaw Bank Fair", "The Five Wives of Acomb" and many others.

Our village is not left out. The CD was recorded by Ren Hunter at Axis Studios and the by now well-known saga of, "The Black Bottle" is re-told. Jacky Robson still has a solution to the problem.

Keep a look-out for the CD's launch sometime in October at the 'Twice Brewed'

Dennis Telford

HAYDON BRIDGE **BOWLS CLUB**

On behalf of the Bowls Club I would like to thank the 'Friends of Haydon Bridge' especially Sylvia, Pauline, Linda and Chris for the cheque we received from the Bingo Night recently.

The £130 is very much appreciated and a great help to our Club funds.

Thank you.

Jean Oliver

HAYDON BRIDGE DANCE CLUB

On behalf of the Dance Club I would like to send the Club's sincere sympathies to the family of Lawrence Batey who died recently and also to Sarah a dear friend.

A donation of £20 was forwarded to the Health Centre in Haydon Bridge.

Forty friends from Throckley visited us on 22nd September and a good night was had by all despite a low turnout by our members

DJ Jim Biggs

LOST, STOLEN OR STRAYED

Would the person who took my biscuit tin without my permission and emptied its contents out into the Bowls Club tray, please return it and tell me why they wanted mine in particular!

The tin that replaced mine has been left on the bench in the kitchen in the Community Centre for the owner to take home. Please return mine.

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Jean Oliver

ANGEL

According to John Hodgson, who was the most important 19th century writer on Roman Antiquities in the North of England, the ancient Chapel of Hayden was dedicated to St. Cuthbert and is seated on a conspicuous knoll in the farm called Tofts, commanding a wide prospect over the valley of the South Tyne.

Dennis Telford muses on:

"the old church ... Ancient bones Beneath its shadows lie, Within it's walls Mysteries of Haydon days gone by".

Julie Livsey, the artist, who recently moved to the village and into a cottage formerly owned by one whose ancestors are among those 'ancient bones' has created a temporary art work titled "Angel"

"Angel" reflects on mankind's notion of divine intervention, the possibility of life beyond death and the existence of angels.

'SCOTCH CORNER' HOLIDAY COTTAGE English Tourism Council**** Available to accommodate your visiting friends and family 10% discount when booked by Haydon Bridge residents For more details please contact Pauline Wallis Scotch Arms Shaftoe St. Tel. 01 434 684 061

The art work consists of a vast cloud of swan feathers suspended above a mass of white lilies above the font within the Old Church. The avenue of ancient Yew trees that form an arched approach to the church and create an atmosphere which is tangible is also integrated into the work.

The "Angel" may be viewed between the 27th September and the 19th October. The key to the church may be obtained from Clarke's Newsagent on-Church Street.

For further information please contact Julie on:

01 434 688 611

Or by e-mail

julielivsey@hotmail,com

Julie would be delighted to meet any education group who would like to visit the church and know more about "Angel" and her work in general.

It is hoped that "Angel" will enhance the features and location of this enchanting building and attract a new audience for installation art.

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Shaftoe Eðucational Foundation

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The next meeting of Governors is scheduled for Thursday 13th November 2003.

If you wish to make an application to that meeting, please write to:

The Clerk Shaftoe Educational Foundation Shaftoe Terrace Haydon Bridge Northumberland NE47 6BW

Completed application forms should arrive at the Office by:

Monday 3rd November at the latest. Applications received after this date may have to wait until the next Governors meeting in March 2004.

R A D Snowdon B.Ed (Hons) -The Clerk

HAYDON BRIDGE BOWLS CLUB

On behalf of the Bowls Club I would like to thank the 'Friends of Haydon Bridge' especially Sylvia, Pauline, Linda and Chris for the cheque we received from the Bingo Night recently.

The £130 is very much appreciated and a great help to our Club funds.

Thank you.

Jean Oliver

HAYDON BRIDGE DANCE CLUB

On behalf of the Dance Club I would like to send the Club's sincere sympathies to the family of Lawrence Batey who died recently and also to Sarah a dear friend.

A donation of £20 was forwarded to the Health Centre in Haydon Bridge.

Forty friends from Throckley visited us on 22nd September and a good night was had by all despite a low turnout by our members

DJ Jim Biggs

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NATURAL REMEDIES FOR A HEALTHY BODY

Pre-menstral syndrome.

P.M.S is a disorder that usually affects women in the fourteen days up to their period. It is also known as P.M.T (pre-menstrual tension) but the term pre-menstrual syndrome reflects the wide range of symptoms ladies may suffer including:- bloating, swelling, acne, anxiety, back pain, breast swelling/tenderness, cramps, depression, fatigue, headaches, mood swings, and water retention.

Many factors may cause *P.M.S* including alcohol, drugs, smoking, stress, lack of exercise, candida, or lack of essential nutrients.

Often ladies find taking vitamin B6 helpful for symptoms of water retention and stress. Some studies have found that B6 controls the excess of oestrogen that some women experience. Magnesium is often used by ladies wanting to combat breast tenderness, abdominal bloating and cramps. In one small study women found their symptoms of bloating, fatigue, and irritability decreased when using potassium for up to four months. Many ladies swear by Evening Primrose Oil for balancing

Great dance music. Great listening music.

their hormones. 3g should be taken for 2-3 months in order to allow the active ingredient (G.L.A) time to build up to work. Certain nutrients help Evening Primrose Oil to work including vitamin C, B3, B6, magnesium and zinc so it is worth taking a multi-vitamin containing these as it is often hard to get good levels in the diet. In some trials vitamins E and A have helped some P.M.S symptoms too.

5-HTP is used by our customers wanting to control their mood swings, depression, water retention and headaches, some people do find however that it suppresses their appetite.

Agnus Castus also known as Vitex and Chaste Berry has often been helpful with our female customers who want to regulate their periods. It ought to be tried for up to six months to see a benefit. Dong Quai and Raspberry leaves are herbs known for their antispasmodic actions for ladies suffering from cramps.

Ladies who eat sugary foods often find their P.M.S symptoms become worse - especially mood swings as their blood sugar levels drop. Eating foods that release energy slower - such as fruit, dried fruit and grains should be eaten instead. *Caffeine* found in tea, coffee, chocolate and some fizzy drinks often makes P.M.S worse and all of these are best replaced by water, fruit juices or herbal teas at the time of the month!

Nuts and seeds contain nutrients that help to balance the hormones and are a healthy snack when the sugar cravings start!

Regular exercise often helps symptoms such as fluid retention, stress and depression - the oxygen from a gentle walk can be calming when the whole world seems to be driving you up the wall!

<u>Warning:</u> Pregnant ladies, people taking prescription drugs and those under medical supervision should consult their doctor before using complimentary medicines.

Jill I Henderson (Holland & Barrett – Hexham)



SATURDAY 22nd NOVEMBER 2003 – Haydon Bridge Community Centre – 8.00pm Tickets: £4.00, £2.50. Family at £12.00 It is intended to make the setting for the show 'informal' and although light refreshments will still be available, this type of evening goes well with something a bit stronger.

NO BAR

but guests are quite welcome to bring their own drinks (in fact we hope they will) for what should be a very entertaining evening.

Tickets available from:

Clarke's, Marsh's newsagents, Val Bell on: 01 434 684 705

& Iris Waugh

DR. STEVE FORD'S PAGE

HOW MANY SHOPPING DAYS TO CHRISTMAS?

ENJOY A HAPPY, HEALTHY WINTER

Yes! It's that time again already – the flu and pneumonia jab season. By the time this appears we will be in the midst of the flu jab season. Please keep an eye open for the adverts and posters. Late comers are ALWAYS WELCOME!

The world is well overdue for a flu pandemic, statistically speaking. Many scientists view the SARS virus outbreak as a serious shot-across-the-bows for the whole of mankind — we must continue to take the threat of global epidemics seriously

Flu and some kinds of pneumonia can be successfully avoided by having the injections. It really does work and the risk of side effects is so small as to be almost not there at all.

NO ONE EVER CAUGHT FLU FROM A FLU JAB!!!!! - they only think they did.

Who should have one? Everyone over 65 years of age. Plus.... Anyone with:

Chest disease like asthma, emphysema etc

Heart disease Kidney failure

Liver failure

Diabetes requiring insulin or tablets
Lowered immunity due to disease or
treatments (e.g. steroids)

No spleen or a non-functioning spleen

Other serious enduring medical disorders -

Residents in nursing homes.

For the moment, the pneumonia jabs are for the over 80s and all those listed extra above plus those with cochlear implants and those with HIV.

BACK PROBLEMS

We are not really designed to walk upright or sit for long periods of time. We are modified tree dwellers that knuckle-walk on the ground and whose chassis design is optimised for about a thirty year life span. No wonder, then, that so many people get back problems.

As ever, prevention is better than cure. The importance of good posture at all times (upright, shoulders back, chin up, back nicely S-curved and stay out of high heels!), daily exercise (aimed at maintaining muscle tone and flexibility), careful back use (as in lifting and sitting especially) and the avoidance of obesity cannot be overstated. Put that another way - almost everyone is guilty of not looking after their backs properly.

Recently I attended a whole day seminar about

back problems. One of the greatest breakthroughs in the management of back problems has been the MRI scan – by chance, a recent survey showed that Haydon Bridge is the highest user of MRIs locally. Simply being able to correctly identify what is actually happening in people's backs has allowed much more accurate treatment. The quality and detail of the images is breathtaking.

(Please may I renew my request that everyone who has had an MRI should keep their films at home - we are running out of storage space.)

The variety of treatments is expanding too, including the development of disc replacement devices

Physiotherapy, chiropractic, osteopathy, Pilates, Acupuncture, Alexander technique, native bone-setters etc. – what a huge variety of choices the back pain sufferer has before they get to surgery. The consensus at the meeting was, broadly, 'if it works – don't knock it'. Many or possibly most conventional doctors, such as myself, tend to wince at the rationalisations offered by complementary therapists but this is really down to their use of terms for what is wrong with the patient and what they are attempting to do, rather that a rooted hostility to the approach.

There is a simply wonderful website that all back pain sufferers should access:

www.spinalunit.org.

Put into practice the back care and exercise programs given and you will be so glad you that did.

With short term back problems from over enthusiastic lifting, for example, the general view is that within six weeks, 98% will be better, no matter what you do. Rest – if it's really awful, heat or ice, pain killers with or without non-steroidal anti-inflammatory drugs, movement and gentle normal activities. The greatest threat to the rehabilitation of backs is prolonged rest and poor posture.

ON BEING ANGRY

'Anyone can be angry – that is easy. But to be angry with the right person, to the right degree, at the right time, for the right purpose and in the right way – this is not easy.' From Aristotle's Nicomachean Ethics.

SEXUAL DYSFUNCTION IN GENERAL PRACTICE

The British Medical Journal recently published the results of a survey into the occurrence of problems with sexual function in the general population. One and a half thousand consecutive attenders (i.e. semi-random) at a number of practices were interviewed in depth to discover the true extent of the problem. A wide variety of problems directly related to sexual function were considered.

Overall, 40% of women and 22% of men fulfilled the diagnostic criteria of at least one disorder. 49.2% of women and 63.6 % of men expressed satisfaction with their sex lives. 33.2 % of women and 28% of men described themselves as dissatisfied. Only 4-5 % of the issues were raised with the GP at the time however.

A small survey in recent weeks showed that amongst 306 issues presented to me consecutively in consultation, 47 (15.3%) were relating to genitourinary or sexual function.

So, problems in this area are very common in general practice. Gratifyingly, the willingness of patients to broach the topic with their doctors was very high. Anything and every thing is open for discussion.

CHRISTMAS SHOPPING

How many boxes of Dairy Milk will Aunt Maud be able to absorb this Christmas? Has Uncle Sylvester got enough pairs of slippers yet? Young Mary-Lou will soon become completely invisible behind multiple layers of make-up and if Hubert gets any more aftershave he will constitute a hazardous environment all on his own.

What might the healthy options be for gift giving? What about an annual subscription to a sports or fitness orientated magazine. If not a whole year's subscription to a health club or sports centre what about just part of a year in Tynedale why not give a TAL card which gives access to a huge range of equipment for the whole year at very little cost. An exercise video or DVD or book. There's any amount of home fitness equipment to buy and secondhand it costs buttons and may be next to new anyway. Some items of equipment are very cheap - hand weights or ab cruncher/tummy exerciser. A bicycle or some equipment to make cycling safer or more enjoyable. A new swimming costume. Swimming lessons. New running or football or rugby boots. Golf or squash kit.

Amongst the eating and drinking options would be exotic dried fruits and/or nuts, possibly in an equally exotic liquor. Wine, especially red. Books on healthy eating or low fat cooking or low sugar cooking or stir fry cooking. Proper continental dark chocolate has some claims to health benefits that the sweeter more common types of chocolate do not. Smoked salmon or other fish. Pickled fish might be a bit off the wall for most people but Mmmmm! A juicer. A wok. Some seeds for easy to grow salad or vegetable crops. Beans to sprout at home.

Anybody who gives you a gift of tobacco does not love you as they ought!

CHURCH PAGE

CLERGY MESSAGE by Reverend David Hasson

September is the beginning of the Connexional Year in Methodism. In other words a New year. A time when everything starts up again after the summer holidays. The evenings during September and October, for a minister, are taken up with Church Councils and committees for this that and the other thing. It can begin to seem like life is one long round of business meetings as though that is all that the church exists for.

Of course that is a long way from the truth. But it is at these meetings that each church decides how it is going to live out the Gospel message with which it is entrusted. So we can decide to have coffee mornings to bring people together as a community where they can share with others their joys, sorrows and, sometime, difficulties. We can decide to have social events which bring joy and laughter into peoples lives as well as an opportunity to be with others. These are all practical ways in which the church shows that God loves all people. When people respond to this love and want to know more then there are individuals within the church who are known and who can be asked. There are also study and exploration groups which interested people can attend to find out more about the Christian faith.

Christianity is a life changing faith but it is not something which can be forced upon a person. It is a faith which is absorbed through contact with Christians and the Church. Some people Make sure there is no chance of absorbing the faith by ensuring they have nothing to do with the church which they see as irrelevant. Others are in contact but make sure they absorb nothing, still others have been in contact and have absorbed and had their lives changed. If your life needs changing then start by changing the category you fall into in relation to Christianity.

Happy "new year" to the Methodist church!

September/October 2003



christians together in haydon bridge AN INDEPENDENT SUPPLEMENT TO THE HAYDON NEWS

WHO AND WHERE

The names and phone numbers of the clergy who minister in Haydon Bridge

Rev David Hasson, with the Methodist congregation The Manse, Moorview, Haltwhistle 320.051

Father Leo Pyle, with St John's Catholic Church St John's Presbytery, North Bank 684.265

Canon Vincent Ashwin, with St Cuthbert's C of E The Vicarage, Station Yard 684.307

CHRISTIANS TOGETHER IN HAYDON BRIDGE

The Annual General Meeting of Christians Together took place on September 3rd. New officers were elected: Father Leo Pyle is chairman for the coming year; John Wardle was elected as vice-chairman; and the Rev David Hasson was elected as secretary. A new Constitution was accepted, in which the chairmanship will alternate between clergy and lay people, and one year's vice-chairman will become the following year's chairman.

Joyce Armstrong was thanked for her time as secretary, and Vincent Ashwin for editing the church page of the *Haydon News* for a number of years. From November, the church page will need a new editor, and the three churches undertook to find a volunteer.

The meeting heard how youth work continues, with considerable input from Anne Lambert and the High School community department. June Rumney and her team are running groups for different age groups on Mondays at the Methodist Church and Thursdays at the Community Centre.

Many of the present joint activities will continue; for example, a Christmas Card with a message and service-times for all services will be published. The joint Palm Sunday service will not continue, but other services will. The most successful piece of work done jointly by the churches each year is the Scripture Union Holiday Club for children.

METHODIST CHURCH SERVICES

Sunday October 5th
10.00am Local arrangement
6.00pm Local arrangement

October 12th World Peace Sunday
10.00am Rev David Hasson (Family S)
6.00pm Rev Vincent Ashwin

Sunday October 19th One World Week
10.00am Mrs Winnie Huntsman
6.00pm Rev David Hasson (Sacrament)

Sunday October 26th
10.00am Mr C Ford
6.00pm Rev Maureen Lloyd

Sunday November 2nd (Methodist Homes Sunday) 10.00am Mr Doug Hogg 6.00pm Rev David Hasson

Details of the Men's Christian Fellowship can be found from Peter Davey: 684.786.

A thought for Harvest-time

We confess our sin and the sins of our society, in the misuse of God's creation.

God our Father, we are sorry for the times when we have used your gifts carelessly, and acted ungratefully.

Father, in your mercy forgive us. We enjoy the fruits of the harvest, but sometimes forget that You have given them to us.

Father, in your mercy forgive us. We belong to a people who are full and satisfied, but ignore the ery of the hungry.

Pather, in your mercy forgive us. We are thoughtless, and do not care enough for the world you have made. Father, in your mercy forgive us.

This prayer was used at the inter-charch Holy Communion at St Cuthbert's on September 28th. That day, the village celebrated Harvest Festival, with joint services both morning and evening. In the evening Mike Fry of St Cuthbert's and Haydon Bridge High School was due to bring drama students and musicians from the school to church to help in the celebrations.

Special donation envelopes for a farming project in Africa were handed out — for some of Africa's poorest countries, especially Malawi, Zimbabwe, Zambia and parts of South Africa. We prayed for the churches in those places involved in those development projects.

CALENDAR FOR ST CUTHBERT'S CHURCH

October 5th, 16th Sunday after Trinity

8.00am Holy Communion (Order 2)

10.30am All-Age Service of the Word

6.00pm Harvest Festival, the Old Ch.

Sat.11th John Carr licensed as a Reader at St Cuthbert's Blyth.

October 12th 17th Sunday after Trinity 10.30am Parish Communion & Sermon

Thu.16th 7.30pm Church Council meets

October 19th 18th Sunday after Trinity 8.00am Holy Communion (Order 2) 10.30am Morning Prayer (Mike Fry)

October 26th Bible Sunday

10.30am Parish Communion & Sermon

Fri.31st Dance, the Community Centre

November 2nd All Saints Sunday

8.00am Holy Communion (Order 2)

10.30am All-Age Holy Communion

6.00pm All Souls Service of the Word.

CHURCH NOTES AND NEWS

Visiting Archdeacon

Haydon Old Church will have its Harvest Festival Evensong on October 5th. The preacher will be the Ven Peter Elliott, a long-time friend of this parish. He helped to launch the Renovation Appeal last year. All will be welcome at this service – the last of the 'summer' Evensongs.

Art Exhibition at Old Haydon
Julie Livsey, an artist living in the village, is exhibiting 'ANGEL', specially created for Haydon Old Church with an Arts Council grant. A major feature of the work this year is dozens of swans' feathers; the work extends down the avenue of yew trees leading to the Old Church. The exhibition runs till 19th October; the key can be obtained from Clarkes' newsagents. Julie has exhibited all over England; last year her annual specially commissioned piece was made for English Heritage's Aydon Castle.

Renovation Appeal

Work has begun on the next phase of the renovation of St Cuthbert's Church. Steeple-jacks were seen dangling like spiders from the spire, doing the specialist pointing of the stone-work that should keep the tower standing for many years. Fund raising is continuing, and grants are being received. The next event is a dance in the Community Centre on Halloween, with music by Jack Lightfoot. Tickets, to include supper, are £4.00.

SERVICES AT ST JOHN OF BEVERLEY CATHOLIC CHURCH

Mass each Sunday at 9,30am.

Mass at 11.0 at Haltwhistle each Sunday.

Mass on weekdays (except Mondays), at 10.00am, either at St John's or at Haltwhistle.

FORTHCOMING EVENTS

Remembrance Day is on Sunday
November 9th. The service will begin at
10.15 in St Cuthbert's, and will be taken
by the vicar, Canon Vincent Ashwin.
Names will be read at the War Memorial
at 10.55am, ready for the two minutes'
silence at 11.00. The closing prayers will
be said at the War Memorial. We will all
be invited to the Methodist Church for a
cup of coffee after the service. If you
come at 11.00, you will miss the calling
of the names – though you will catch the
silence!

PEOPLE

The Bishop of Hexham and Newcastle, the Right Revd Ambrose Griffiths, came to Haydon Bridge Roman Catholic parish on a pastoral visit last month. He met members of the churches and the wider community, and was impressed by the leadership of many lay people in the congregation.

The Revd John Hardy has been made vicar of the Church of England parish of Alston, which covers the area from Garrigill and Nenthead to Lambley.

Rev Maureen Lloyd is a new minister in the Hexham Methodist Circuit. Also, the Rev Sarah Lamb has arrived in Hexham, to be 'minister in local appointment' to serve in Allendale.

Mr David Thompson is in his last term at the High School. He always encouraged links between the church and the churches.

The Holiday Club was as successful as ever this year, with a specially encouraging number of young people in the older age-group. There will be the annual follow-up at the Methodist Church on Saturday November 1st, before the next *Haydon News* reaches your homes. Come along – children and parents – from 5.00 till 7.00, for food and drink. We always look forward to Father Leo Pyle teaching us a song of two with his guitar!

Sievaveini

NO SURPRISE BILLS JUST ALUTHE ELECTRICITY AND GAS YOU NEED

STAYWARM EXAMPLE

Mis Jones lives in a one bedroom property in the West Midlands, with Staywarm she would pay 67:25 per week

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INTERPRETATION OF THE PARTY.

For details and to register online **3roadband Internet**

www. Unique-effects

World renowned 'effects' company opens its doors at the Hadrian Business Centre, Church Street, Haydon Bridge

Arranging a Party?

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annonnonSHAFTOE TRUST SCHOOL ASSOCIATION are holding a "Shaftoe Shindig" Friday 4th October 2003 8pm 'til midnight. The Haydonian Social Club Live music & fun by "Final Connection"

Available from:

Tickets cost £5

and include supper.

PTA Committee, School or Pauline Wallis at the 'Scotch Arms'

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The £10 Crossword

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Entries from: Philida Irving B. Lee Liz Jukes A. Scott Diane Gamble Ian Gibson Simon Benson Allan Whittaker Rene Armstrong Maureen Robson Ann Rooke A. Phillips Bill Adams Rosemary Shout Denis Bell W. Huddart Geoff Hopkirk Trevor Corbett

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ACROSS

- 1. At a loss, having lost everything on the main. (2,3)
- 4. Mass. Brown condition. (3,5)
- 8. Singular result implies impending certainty. (4,3,7)
- 10. Different 23s or birds eat Northern nitrogen 23 to breed different birds. (8)
- 11. See 14.
- 12. The bass shows obvious signs of this, less so the composer. (9)
- 15. Get it again in S. Dakota. (5)
- 17. Setter's aim. Nonsensel (2,3)
- 18. Repetitive 7 meant that this was how we were taught. Setter stuck between the noisy one and the noise. (7,2)
- 19. Model buckets down and lines up. 17? (6)
- 21. No brakes so Leo 'must go' 23ing solver. (4,4)
- 24. John Charles etc. (5,2,7)
- 25. Break up Tyneside mineral. (8)
- 26. Deserves 7s. (5)

DOWN

- 1. Novel 23 in (the arctic, possibly?) (1,4,7)
- 2. Speechless discharge. E.g. ptarmic psilosis. (6,3)
- 3. To French dance with scantily clad girls, excited 23. (1,2,2)
- 4. Smash, turn and twist to remove gas. (5,4)
- 5. See 14.
- 6. Record thanks to Head of Church 23 pulse. (9)
- 7. Casual 23 speed. (5)
- Good man, for example, article 23 soft 23 desirable like a bird whose beak holds more than its belly can. (12)
- 13. Mrs Tiggy Whinkles working day. (9)
- 14, 23, 5, 16, 11. According to McCarthy, solver caused setter to 23 solver but setter was unwilling. (3,4,2,4,3,1,5,4,2,2,2)
- 16. See 14
- 20. Setter joins in to get rid of water building a water-tight defence. (5)
- 22. English grit is all you need to come up against a formidable opponent. (5)
- 23. Win all the tricks, shuffle, pointless. (4)

Entries to be received by the Editor on or before MONDAY 20th October 2003.

Best of luck

Please hand in your entry to any of the businesses indicated at the top of Page 2 or by post to: The Editor, Wheelsteads, Woodhall Mill, Haydon Bridge, NE47 6AS

Dennis Telford